

A Nexus Guide to Support Calls

What is a Support Call?

Whether you're on the waiting list or currently in therapy, if you find yourself in a place of anxiety, you can request support calls with a Nexus counsellor



How do I request a Support Call?

Pick up the phone, ring Nexus reception and we aim to get you a call back on the same day with one of our counsellors. Don't forget the Domestic and Sexual Abuse Helpline is also available 24/7 by calling 0808 802 1414



How Many Support Calls Can I Have?

You are entitled to 2 support calls, but you can request further support if you are in urgent need



Am I Eligible?

It's important to remember that you have to be either on the waitlist or in counselling to get support calls, so be sure to contact our reception team to get on our waitlist

