

Post	Counsellor x4 posts
Accountable To	Clinical Services Manager
Location	Nexus NI HQ in Belfast and various Outreach Venues across NI.
Hours	20 Hours per week
Salary	NJC 18- 22

Counsellor Job Description and Personal Specification

Nexus has over 35 years' experience offering a specialised professional counselling service to survivors of sexual trauma. We also provide training and education workshops across Northern Ireland on topics such as consent, relationship and sexuality education, internet safety and child sexual exploitation.

From April 2019, Nexus also manages the 24 Hour Domestic and Sexual Abuse Helpline, which is funded by the Department of Health, Department of Justice, and the Department for Communities.

Our people are a dedicated and professional group of individuals who are vital to the success of the Organisation. We aim to be champions of lasting positive change for people affected by sexual assault/ trauma providing a positive influence through the delivery of influential, professional, quality driven and sustainable services.

Job Description

This post supports delivery of Nexus Counselling Service across Northern Ireland. Nexus supports clients from the age of 8 to deal and process issues relating to Sexual and Domestic abuse and trauma.

The service meets a diverse range of emotional and psychological needs that can be addressed through therapeutic support. Clients present with a wide range of psychological, emotional, or social issues. The overarching aim is to increase each Client's emotional well-being and improve their learning potential by engaging them in a person-centred model, working at their pace establishing methods to help overcome past traumas.

Key responsibilities:

- Assess potential clients as to their suitability for counselling using the assessment process
- Provide counselling both face to face and online/telephone
- Provide counselling for individuals who have experienced sexual abuse, including group counselling.

- Provide crisis counselling sessions as required
- Participate in the development, delivery, and evaluation of client relevant workshops
- Provide telephone counselling support and information as required
- Be familiar with available and relevant statutory, voluntary and private sector services and contribute to a data bank of such information
- Contribute to the development and delivery of internal and external training programmes/workshops & awareness raising
- Keep professional records of all client contact and attend clinical and line management supervision in line with company procedures
- Be prepared to undergo further training as required and keep updated with developments in professional practice
- Actively pursue personal development and growth as a counsellor
- Be familiar with and work according to the Nexus NI policies, procedures, and practices
- Actively attend clinical supervision required by Nexus NI.

Any other relevant duties after consultation with the line manager

Personal Specification

The successful applicant will be required to have the following experience, qualifications, and personal skills.

Essential

- Minimum Level 5 Diploma in counselling or its equivalent
- Minimum one-year supervised clinical practice in a face-to-face setting (250 hours)
- Good working knowledge of issues related to sexual abuse
- Ability to use initiative while working individually or as part of a team
- Experience of working with mental health issues
- Awareness of importance of personal health
- An ability to recognise and appropriately deal with risk

- Accreditation with NCS, BACP or ICAP (or working on accreditation and submission within 6 months)
- Computer literacy
- Have access to a form of transport

Desirable

- Ability to counsel through a range of mediums
- Experienced in facilitating groups
- Experience working in the voluntary sector

Terms & conditions

- Attendance at a formal induction and ongoing training will be required.
- Any appointment will be subject to an Access NI Check (Enhanced)