



Nexus NI

changing lives affected by sexual violence

ANNUAL REPORT 17/18

BREAK THE SILENCE ON SEXUAL VIOLENCE

Last year Nexus NI offered

17,776 14,964

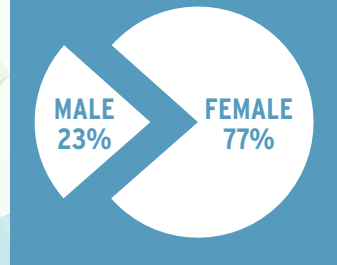
COUNSELLING SESSIONS TO SURVIVORS OF SEXUAL VIOLENCE

SESSIONS ATTENDED

AGE RANGE

11-15	2%
16-24	22%
25-49	57%
50-75	18%

Victims/Survivors



Abuse of children (Abuse started age 16 & under)

- 72%** clients abuse started at age 16 and under
- 66%** were abused 5 times or more
- 49%** were abused at home
- 58%** of those abused aged 0-12 were abused by a family member
- 14%** by natural father; 8% grandfather; 12% brother; 25% wider family including uncles & cousins
- 30%** abusers were known to the family

Mum's partner, including boyfriend, partner, step father

8%

Trusted by family

5%

Friend of family

8%

Neighbour

9%

BREAK THE SILENCE ON ABUSERS

From media portrayal of sexual abuse the impression given is that it is carried out by males who are celebrities, clergy, teachers and sports coaches.

3%

of abusers
were female

2%

Clergy

2%

Teachers/Youth
Workers/Sports
Coaches

Only one client reported abuse by a celebrity

AGE ABUSE STARTED	0-12	13-16	16+
FAMILY MEMBERS Fathers, grandads, brothers, uncles & cousins	58%	30%	9%
KNOWN TO FAMILY Mum's partner, neighbours, friends of family, trusted by family	30%	33%	18%
STRANGER	7%	7%	18%
POSITION OF TRUST Clergy, Teachers, Sports Coaches, Youth Workers, Health Care Professionals, Police, Employers	5%	11%	8.5%
FRIENDS/PARTNERS Short term friendships, boyfriends, partners, husbands	7%	17%	14%

“

Nexus have a non-judgemental professional approach, I received so much advice, support and information. ”

Age of abusers



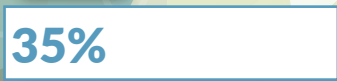
Abuser age



are aged 30 and older



are aged 16 and under



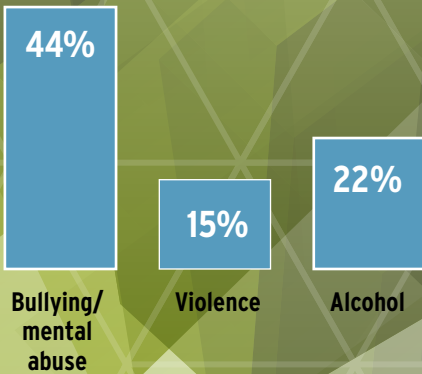
are aged 16-30

7 clients were regularly abused by grandfathers & fathers who were aged 61-70. The abuse started before the age of 5.

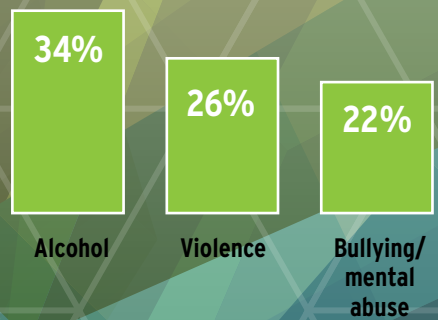
6 clients disclosed that abuse started over the age of 60. One was abused by a doctor and another by a taxi driver

Main factors in Abuse

for clients whose abuse started aged 21 and under



for clients whose abuse started aged 22 and above



Nexus NI: Purpose

Nexus NI exists to provide information and support, counselling and therapeutic interventions to victims, survivors and those affected by sexual abuse, sexual violence and associated traumas.

Seeking help

Last year Nexus NI offered **17,776** counselling sessions to survivors of sexual violence. **14,964** sessions were attended.

973 clients commenced counselling with Nexus NI during 2017/18.

74% of clients who completed counselling with Nexus NI showed a reliable improvement in their mental health.

71% showed an improvement in their risk assessment

Triggers to seek counselling help

26% of clients sought help because they were experiencing mental health issues and symptoms associated with trauma.

15% sought help because their abuse was discovered.

Other triggers were

Birth of a child (**7%**); relationship issues (**7%**); abuse disclosed (**6%**); change in abuser circumstances (**6%**); death of a parent (**6%**); leaving home (**6%**); major life event (**5%**)

Waiting lists

Our waiting list for counselling on 31/3/2018 was **689**

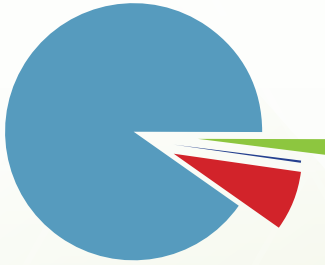
Our referrals have increased by 50% in the last 10 years but the funding has remained the same. **50%**

Nexus NI: Purpose

Nexus NI exists to raise awareness of sexual abuse and sexual violence and its consequences amongst professionals and the general public and provide awareness, educational and professional training programmes for all ages.

Income **£1,113,983**

Expenditure **£1,078,805**



● Donations:	£85,080
● Charitable activities	£1,006,005
● Other trading activities	£22,838
● Investments	£60



● Charitable activities	£979,851
● Overheads	£91,508
● Governance costs	£7,446

Contact Details

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Twitter: @Nexus_NI



Facebook: Facebook/Nexus_NI

Accredited Counselling Service BACP Ref. No. 101852
Charity Commission Reg. No. NIC102558
Northern Ireland Rape Crisis Association trading as Nexus NI.
Co. Reg. No. NI21120



**INVESTORS
IN PEOPLE**

Nexus NI continues to raise awareness of sexual violence

16 Radio interviews

6 Television interviews

17 Newspaper articles

14 Awareness raising events

Survivors made **3** videos to raise awareness and for training purposes
2 animated videos used to raise awareness. Voice overs are local actors with regional accents.

Training & Education Work

168	Participants received specially developed Bystander training
16	Training sessions to PSNI recruits and officers
592	Social workers and professionals received training in Child Sexual Exploitation
232	Education sessions delivered in NHSCT
335	Participants in Relationship & Sexuality Education programmes in WHSCT area
9	Digital champions
23	Survivors were offered support post counselling
27	Sexual and domestic awareness sessions for Fermanagh and Omagh PCSP

Research

- Research into resources for survivors of sexual violence who have learning difficulties
- Research into online counselling
- Research into the experiences of our clients
- Research into counsellors' experiences of working with adult survivors of CSA
- Research into the prevention, prosecution and support for CSA
- Research into the link between domestic abuse and sexual violence

Staff

**EMPLOYED
STAFF 40**

**SELF EMPLOYED
17**

**VOLUNTEERS
28**